Healthy Eating Policy

Sample document for demonstration only

Healthy food helps children to concentrate and to enjoy their day. This policy supports parents in packing a balanced lunch box and a healthy small break.

Please include fruit and vegetables, and choose water or milk to drink. Sweets, chocolate, crisps and fizzy drinks are not allowed during the school day. Our school is a nut-aware school, so please do not send in food containing nuts.

We celebrate a Healthy Lunch Day each month, and a hot lunch is available on school days through our school lunch service. Menus are on our website.